



Unit Outline (Higher Education)

Institute / School: Institute of Health and Wellbeing

Unit Title: HEALTH PROMOTION INTERNSHIP

Unit ID: HEALT3705

Credit Points: 30.00

Prerequisite(s): (Completed 240 credit points within the Bachelor of Health Sciences course

and permission from the Unit Coordinator)

Co-requisite(s): Nil

Exclusion(s): Nil

ASCED: 061307

Description of the Unit:

Students are offered a unique opportunity to engage in the Health Promotion industry by completing a twelve week internship. The industry experience commitment equates to approximately two full working days per week. The internship is offered to the third year Bachelor of Health Science-Health Promotion students. The main focus of the internship is for students to further enhance their skills and knowledge developed throughout their Degree and to gain practical experience in the health promotion industry. This internship enables students to develop valuable networks and skills to assist with their future employment within the industry.

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

Wholly by work experience with Charge: Student is undertaking work experience in industry where learning and performance is not directed by the provider, but support is received from the provider.

Placement Component: Yes

Supplementary Assessment: No

Supplementary assessment is not available to students who gain a fail in this Unit.

Course Level:

Level of Unit in Course	AQF Level of Course						
	5	6	7	8	9	10	
Introductory							

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Intermediate						
Advanced			V			

Learning Outcomes:

Knowledge:

- **K1.** Build knowledge of industry related practices and expectations to facilitate career development pathways.
- **K2.** Explain principles, concepts, and theories learnt throughout the Bachelor of Health Sciences course, as they apply to health promotion and workplace practice.
- **K3.** Evaluate and explain the major learning components developed from working in the health promotion industry.

Skills:

- **S1.** Evaluate and critically reflect on personal strengths and weaknesses in workplace performance.
- **S2.** Display problem-solving skills required to overcome issues within the workplace.
- **S3.** Identify and develop goals and strategies to further develop personal professional capacity in the health promotion industry.
- **S4.** Demonstrate communication skills such as oral presentation, professional writing, listening and assertive behaviour with industry professionals and higher education personnel.
- **S5.** Demonstrate proficient personal management skills including effective time management, professional conduct, presentation and organisational skills.

Application of knowledge and skills:

- **A1.** Apply theoretical knowledge and skills gained throughout the Bachelor of Health Sciences course to identify issues and problems within the workplace experience and negotiate effective resolutions.
- **A2.** Critically reflect on personal performance and establish goals and strategies to improve on workplace performance.
- **A3.** Engage in workplace practices and demonstrate suitable workplace behaviour.
- **A4.** Reflect on personal workplace experience and identify major learning components.
- **A5.** Communicate through oral and written skills throughout the workplace experience.

Unit Content:

- This unit will link theoretical content of units undertaken as part of the Bachelor of Health Sciences degree over the preceding two and a half years, with practical application in the workplace.
- The internship involves participation over 12 weeks, or equivalent, practical experience, jointly supervised by the Health Sciences and workplace mentor.

Content - Items:

Learning Task and Assessment:



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Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, S4,S5, A3, A5	Preparation of Internship placement Submission of all associated InPlace requirements including: Pre-placement checks Workplace contract	Submission of InPlace requirements	S/U
K1, K3, S2-S5, A1- A5	During and post Internship placement Participate in required placement hours including completion of a log book via InPlace Post placement meeting with Unit Coordinator	During and post internship participation and review	S/U
K1-K3, S1-S5, A1- A5	Participation in an exit meeting with workplace supervisor to discuss Health Promotion Internship 'Core Skills for Work Framework Evaluation' and overall performance Submit a Supervisor Evaluation Form signed by the workplace supervisor.	Supervisor evaluation	20 - 25%
K1-K3, S1, S2, S4, S5, A2, A4, A5	Presentation to unit cohort outlining the placement and relating to the Health Promotion Internship Core Skills for Work Framework.	Presentation	30 - 40%
K1-K3, S1-S5, A1-A5	Prepare a written report outlining the internship placement	Written report	35 - 45%

Adopted Reference Style:

APA

Refer to the <u>library website</u> for more information

Fed Cite - referencing tool